



**POST-ADOPTIVE FAMILY SUPPORT PLAN**

*(This is a fictional plan created as an example for families).*

**Date of Plan:** \_\_\_\_\_

<b>Family Name:</b> John and Jane Doe johndoe@email.com	<b>Family Contact Information:</b> Home: John cell: Jane cell:
<b>Child's Name/Age/Gender:</b> Joshua Doe, 11, Male	<b>Placement Date/Adoption Date:</b> Placement: Adoption:
<b>PAS Specialist:</b> Christina	<b>PAS Specialist Contact Info:</b> Phone: Email:

<b>Identified Child</b>
<p>Behaviors Identified:</p> <ul style="list-style-type: none"> <li>• Emotional outbursts, does not control anger well in stressful situations</li> <li>• Does not respect authority or rules; blames others for mistakes</li> <li>• Has difficulty with attention, organizational skills</li> <li>• Lacks appropriate social skills for age</li> </ul> <p>History of Diagnosis:</p> <p>At placement</p> <ul style="list-style-type: none"> <li>• PTSD, ODD, ADHD</li> </ul> <p>Current</p> <ul style="list-style-type: none"> <li>• All above</li> </ul> <p>Medication:</p> <p>See attachment list</p> <p>Current Services:</p> <p>Therapy - Name and Office Location</p> <p>Psychiatrist – Name and Office Location</p> <p>Medication Manager – Name and Office Location</p>

**Strengths:**

- Musical (enjoys school band)
- Skilled with computers
- Enjoys fishing with family members
- Creative (tells stories, likes to draw)

**Needs:**

- To learn anger management skills and coping skills to handle stress
- To continue to develop appropriate social skills
- To take responsibility for his actions

Goals for work with Family/Child:

Long term: Joshua will develop skills needed for successful transition to young adulthood and more independence.

Short term:

1. Joshua will develop coping skills and appropriate responses to stressful situations.
2. Joshua will have a successful transition to a bigger school next year
3. Joshua will develop understanding of responsibility and cause and effect.

<b>Family Support Systems</b>	<b>Support Provided</b>
Norman and Nancy (Jane's dad)	Norman and Joshua enjoy activities together such as fishing and watching baseball games
Chuck and Sue (John's sister & brother-in-law)	Live locally and are able to assist with babysitting and general support.
Local youth group	Joshua and his older siblings have several close friends in their church youth group who enjoy spending time at the Doe house and have modeled proper social skills for Joshua

<b>Family's Strengths and Needs</b>	<b>Plan to Meet Family's Needs</b>
<u>Strengths:</u> Patience Structure Sense of humor	

<u>Needs:</u> Information on Summer Camps <ul style="list-style-type: none"> <li>• Grants?</li> <li>• What's available?</li> </ul>	Will help provide information on appropriate summer camps for Joshua and possibilities for financial aid.

Other Children in the Home	Age	Gender	(Meds/Dx/A/FC/B)
Jennifer Doe	17	F	None
Jason Doe	15	M	Allergy medicines

<b>Iowa KidsNet Support Services Action Plan</b>
<p>(How much and what type of support does the family want, etc.)</p> <p>Family has requested monthly visits at this time. Scheduled next visit for: _____</p>

<b>Other Pertinent Information</b>

**Signatures**

<b>Parent</b>	<b>Date</b>
<b>Parent</b>	<b>Date</b>
<b>PAS Specialist</b>	<b>Date</b>
<b>SAL</b>	<b>Date</b>
<b>PAS Supervisor</b>	<b>Date</b>